

Rise &



Shine

A HEARTY BREKKIE

FULL SUFFOLK BREKKIE | £18

Fried Hen's Egg | Dry Cured Bacon | Suffolk Sausage | Retreat East Baked Beans | Fruit Pig Black Pudding | Field Mushroom | Roast Tomato | Potato Rosti | Sourdough Toast

FULL VEGGIE BREKKIE | £16

Fried Hen's Eggs | Seitan Bacon | Veggie Sausage | House Baked Beans | Field Mushroom | Roast Tomato | Potato Rosti | Sourdough Toast

EGGS ON TOAST | £12

Choice Of Eggs Atop Wilted Spinach On Sourdough Toast

STEAK AND EGGS | £30

6oz Dedham Vale Rump Steak, Two Fried Eggs, Rosti Chip, Hollandaise

FRENCH TOAST | £14

Bacon, Blueberries And Maple Syrup

KIDS

Children under 10 can enjoy any of our breakfasts for £10, served in a smaller child's portion.

DIETARIES & SERVICE CHARGE

CONTINENTAL

COMPLIMENTARY FOR RESIDENT GUESTS - PLEASE HELP YOURSELF TO THE FOLLOWING:

Homemade Blueberry Muffins GF

Selection of Cereals

Seasonal Fruit

Freshly Baked Pastries & Croissants

Natural Yoghurt

Local Artisan Cheeses

Sliced Cured Meats

Suffolk Honey & Preserves

Variety of Juices

The choice of filter coffee or Joe's

Organic Tea

ENGLISH BREAKFAST MUFFINS

Two Poached Eggs And Hollandaise On A Toasted English Breakfast Muffin:

EGGS BENEDICT | £16

Suffolk Smoked Ham

EGGS ROYALE | £17

Smoked Salmon

EGGS FLORENTINE | £14

Butter Wilted Spinach And Hollandaise Sauce

V - Vegetarian | VE - Vegan | GF - Gluten Free | VEO - Vegan Option | GFO - Gluten Free Option | VEO - Vegan Option. The Great Barn restaurant only accepts card payments - A discretionary 12.5% service charge will be added to your bill.



RETREAT EAST

SUFFOLK